



**Leaving Redcar & Cleveland  
Mind a gift in your Will could  
help us be there for future  
generations.**

# A Will to Help

A will is a good way to plan for the needs of your family and loved ones.

Redcar & Cleveland Mind relies on public support from events, donations and gifts in wills to provide high quality mental health services to anyone that needs us. We listen, treat people as individuals and empower anyone coping with a mental health problem.

It's peoples gifts in wills that allows us to both develop innovative new services and enhance existing ones.

One example is our Children's and Young Peoples project which we developed after seeing an 81% rise over the past three years of young people accessing our services. If you would like to help support services like this helping local people experiencing mental health difficulties why not make a gift in a will. It can be of any size, it can be life changing, sometimes lifesaving to the many local people that need us now, and in the future.

A gift in your will helps ensure no one in Redcar & Cleveland has to cope alone with a mental health problem.



Redcar & Cleveland Mind is an independent charity working to support the mental health and wellbeing of everyone in our local communities.

We are a separately registered charity (no. 1142520) from Mind and we raise all our own funds. All the money we raise stays within our local area supporting services such as our Road to Recovery service and our Affordable Housing project for people with mental health difficulties.

*"We are indebted to people who make a donation or a gift in their Will, because this enables us to reach more people and support them through their recovery."*

**Veronica Harnett, CEO of Redcar & Cleveland Mind.**

## **Redcar & Cleveland Mind in numbers**

*Over the last 12 Months:*

*Over 460 people were helped by our Mental Health  
& Wellbeing Services.*

*3,200 one-to-one sessions  
were delivered by our Mental Health Practitioners and  
Health Link Workers.*

If you would like to know more information about  
making a Gift in Your Will, please visit  
[www.rcmind.org/how-can-you-help/gifts-in-wills/](http://www.rcmind.org/how-can-you-help/gifts-in-wills/)  
or contact Nick at [n.murray@rcmind.org](mailto:n.murray@rcmind.org)



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**Registered charity number: 1142520**